

The Northeastern Society for Group Psychotherapy (**NSGP**),
the Massachusetts Institute for Psychoanalysis (**MIP**), and the
Psychodynamic Couple and Family Institute of New England (**PCFINE**)

PRESENT

Class Matters:

Exploring the Impact of Class on Our Therapeutic Practice

- Broaden your understanding of class and classism and their impact on your therapeutic practice
- Place class experience within a historical and social context and help bridge cross-class divides
 - Identify how your practice is influenced by your own class background

Date: Sunday, October 27, 2019

Time: 3:00pm to 5:30pm

Location: First Church, 11 Garden Street, Harvard Square

Fee: \$50 by October 15th, \$60 thereafter

Knowingly or not, issues of class can influence psychotherapy and therapeutic relationships.

Discomfort about social class may emerge when working with those from different economic backgrounds—whether from more privileged or less privileged.

Join us for an experiential approach to learning about class

Through lectures, interactive activities, personal reflection, and small group sharing we will develop a more nuanced and informed position about issues of class, classism, and social inequality.

Trainers: Annie Hamilton and Joanie Parker are members of ***Class Action***, a nationally recognized social change organization committed to raising consciousness about class and developing ways to address classism.

PRE-REGISTRATION IS ENCOURAGED

[**Click Here to Register Now**](#)

[You will be brought to the NSGP website for registration]

Learning Objectives

- 1) At the end of the program, participants will be able to identify the historic, political, and socio-economic forces that promote classism and to recognize the impact of social class on the therapeutic relationship.
- 2) At the end of the program, participants will be able to apply greater attunement to their clients' individual and interpersonal struggles with class-based conflicts when they emerge in a variety of clinical settings from individual psychotherapy to group therapy and couples' therapy.
- 3) At the end of the program, participants will be better able to assess and recognize their own personal bias about social class and to identify the relevant resources to addressing implicit and explicit class bias in their clinical work.
- 4) At the end of the program, participants will be more attuned to the impact of classism and other intersecting forms of power in the therapeutic relationship as well as in the clinical material that clients present.

Suggested Readings

- Rasmussen, B. and Mattei, L. (2016). "Coloring Development: Race and Culture in Psychodynamic Theories." In: *Inside Out and Outside in: Psychodynamic Clinical Theory in Contemporary Multicultural Contexts*, J. Berzoff, L.M. Flanagan, and P. Hertz, Eds. Lanham, MD: Rowman and Littlefield Publishers, pp. 286-307.
- Gherovici, P. (2018). "Psychoanalysis of poverty, poverty of psychoanalysis." In: *Psychoanalysis in the Barrios, Race, Class, and the Unconscious*, P. Gherovici and C. Christian, Eds. New York: Routledge, pp. 221-235.
- Rubin, L. B. (1994). *Families on the Fault Line: America's Working Class Speaks about the Family, the Economy, Race, and Ethnicity*. New York: Harper Perennial.
- Tummala-Nara, P. (2016). *Psychoanalytic Theory and Cultural Competency in Psychotherapy*. Washington, D.C. American Psychological Association.

Continuing Education Credits

PCFINE is approved by the American Psychological Association to sponsor continuing education for psychologists. PCFINE maintains responsibility for the program and its contents. The program fulfills the requirement for 2.5 hours of CE credit. Social Workers and Licensed Mental Health Counselors may telephone (781) 433-0906 or email pcfine1934@gmail.com for CE information. Application for professional continuing education (CE) credits from the Massachusetts and Rhode Island Associations for Licensed Marriage & Family Therapy, Inc. (MAMFT) has been submitted.

PCFINE, NSGP and MIP are committed to accessibility and non-discrimination and will conduct all activities in strict conformity with the American Psychological Association's Ethical Principles for Psychologists. If you believe that a violation of ethics has occurred during this program, or if you have concerns about accessibility for people with disabilities, or any other complaints or questions, please contact Justin Newmark, Ph.D.

There is no commercial support for this program nor are there any relationships between the CE sponsor, presenter, workshop content, research, grants, or other funding that could reasonably be construed as a conflict of interest.

Directions and Parking

First Church is located at 11 Garden Street, Cambridge, MA. Street parking is available in the area. For additional information, go the following link: <https://www.firstchurchcambridge.org/about-us/directions-and-parking>